



Emergency Preparedness

Planning ahead can help you stay safer during severe weather, power outages, evacuation, or other emergencies.

Keep this handout for reference. Your 123 GA Home Healthcare staff may review this topic with you and provide a printed copy. This website/PDF copy is available for you and your caregiver to review again at any time.

Create an Emergency Plan

- Know who will help you during an emergency and how you will contact family, caregivers, your physician, and your home healthcare agency.
- Identify a safe place in the home and an evacuation destination if you must leave.
- Keep important medical information, identification, insurance information, medication lists, and emergency contacts together.

Prepare Medicines & Supplies

- Plan ahead for essential medicines, food, water, batteries, mobility supplies, wound supplies, and other items you depend on.
- If you use electrically powered medical equipment, discuss backup power and emergency procedures with the equipment supplier and your care team.

During an Emergency

- Follow instructions from local emergency officials and your individualized emergency plan.
- Do not take unsafe risks to reach equipment or supplies.
- Call 911 when you have a life-threatening emergency or cannot safely meet an immediate medical need.

Important: This handout is general education and does not replace your physician's orders, medication instructions, emergency plan, or individualized Plan of Care. Follow the instructions given specifically to you. For a medical emergency, call 911.