



Wound Care

Proper wound care can support healing and help reduce complications. Always follow the wound-care orders given specifically for you.

Keep this handout for reference. Your 123 GA Home Healthcare staff may review this topic with you and provide a printed copy. This website/PDF copy is available for you and your caregiver to review again at any time.

Protect the Wound

- Keep the wound and dressing clean and protected as directed by your clinician.
- Do not remove, replace, add products to, or change a dressing differently from your ordered care unless instructed.
- Wash your hands before and after touching the wound area or dressing.

Watch for Changes

- Report increasing redness, warmth, swelling, pain, drainage, odor, bleeding, fever, chills, or a wound that appears larger or deeper.
- Tell your care team if the dressing becomes repeatedly wet, soiled, loose, or saturated.

Support Healing

- Follow your nutrition, hydration, blood sugar, pressure-relief, positioning, and activity instructions.
- Keep pressure off the wound when your clinician has given positioning or off-loading instructions.

Urgent Concerns

- Seek urgent medical attention for uncontrolled bleeding, severe or rapidly worsening symptoms, signs of a serious allergic reaction, or other life-threatening concerns.

Important: This handout is general education and does not replace your physician's orders, medication instructions, emergency plan, or individualized Plan of Care. Follow the instructions given specifically to you. For a medical emergency, call 911.