



Medication Safety & Management

Medicines can help you feel better and manage health conditions, but they must be taken safely. Use this guide along with the instructions from your physician, nurse, pharmacist, and care team.

Keep this handout for reference. Your 123 GA Home Healthcare staff may review this topic with you and provide a printed copy. This website/PDF copy is available for you and your caregiver to review again at any time.

Know Your Medicines

- Keep an up-to-date list of every prescription, over-the-counter medicine, vitamin, and supplement you take.
- Know the name, purpose, dose, and time of day for each medicine.
- Bring your medication list to medical appointments and share it with your home healthcare team.

Take Medicines Safely

- Take medicines exactly as prescribed. Do not skip, double, stop, crush, or change a dose unless your healthcare provider tells you to.
- Use a pill organizer, medication chart, alarm, or other reminder if recommended.
- Do not share prescription medicines with anyone.

Storage & Safety

- Store medicines according to the label and keep them away from children, pets, heat, moisture, and direct sunlight.
- Keep medicines in clearly labeled containers. Dispose of expired or unused medicines using a safe medication take-back option when available.

Call Your Healthcare Provider

- Report new or concerning side effects, difficulty taking a medicine, missed doses, or questions about drug interactions.
- Seek urgent medical help for severe trouble breathing, swelling of the face or throat, fainting, or another possible life-threatening reaction.

Important: This handout is general education and does not replace your physician's orders, medication instructions, emergency plan, or individualized Plan of Care. Follow the instructions given specifically to you. For a medical emergency, call 911.